Race and the Source of Life Expectancy Estimates

An examination of the source of advanced cancer patients' information about their prognosis and racial disparities in the accuracy of patients' life expectancy estimates

The Study



Sample Charachteristics

The sample consisted of 229 patients: 31 black patients and 198 white patients. Coping With Cancer was an NCI funded prospective, longitudinal, multisite study of terminally ill cancer patients followed until the end of life.



Source of Information



of the sample had Life Expectancy Estimates that differed from actual survival by more than 2 years 27.95%

of the sample had Life Expectancy Estimates that differed from actual survival by more than 5 years





Reported that they based their Life Expectancy Estimates on personal beliefs.



Less than one-fifth of the total sample (18.3%) reported that a medical provider was the source of their Life Expectancy Estimate.







Patients who reported that their medical provider was the source of their Life Expectancy Estimate were almost 2.5 times more likely to have an accurate Life Expectancy Estimate than patients who did not rely on a medical provider.

Racial Disparity



42 white patients (21.2% of white patients & 18.3% of

None of the black patients reported that a medical provider was the source of their Life Expectancy Estimate

the sample) based their Life expectancy estimates on a medical provider.





Medical providers are not the source of information for Life Expectancy Estimates for most advanced cancer patients & especially for black patients in this study. Ultimately, this could contribute to why the majority of advanced cancer patients have an inaccurate understanning of their life expectancy.

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Source:

Trevino KM, Zhang B, Shen MS, Prigerson HG. Accuracy of Advanced Cancer Patients' Life Expectancy Estimates: The Role of Race and Source of Life Expectancy Information. *Cancer*. 2016 Jun 15; 122(12):1905-12. DOI:10.1002/cn-cr30001. Epub 2016 mar 29.

