

Peace, Equanimity and Acceptance in the Cancer Experience (PEACE) Scale

Peaceful Acceptance of Illness Subscale

	Not at all	To a slight extent	To some extent	To a large extent
1. To what extent are you able to accept your diagnosis of cancer?	1	2	3	4
2. To what extent would you say you have a sense of inner peace and harmony?	1	2	3	4
3. To what extent do you feel that you have made peace with your illness?	1	2	3	4
4. Do you feel well-loved now?	1	2	3	4
5. To what extent do you feel a sense of inner calm and tranquility?	1	2	3	4

Lack of Acceptance/Struggle with Illness

6. To what extent do changes in your physical appearance upset you?	1	2	3	4
7. To what extent does worry about your illness make it difficult for you to live from day to day?	1	2	3	4
8. To what extent do you feel that it is unfair for you to get cancer now?	1	2	3	4
9. To what extent do you feel that your life, as you know it, is now over?	1	2	3	4
10. To what extent do you feel angry because of your illness?	1	2	3	4
11. To what extent do you think your illness has beaten you down?	1	2	3	4
12. To what extent do you feel ashamed of, or embarrassed by your current condition?	1	2	3	4