# Testing DSM-5-TR Criteria for Prolonged Grief Disorder

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### Datasets Used to Test DSM-5-TR Criteria for Prolonged Grief Disorder

DATASETS ANALYZED COME FROM THE FOLLOWING COUNTRIES:

- TAIWAN (referred to as Taiwan Study)
- NETHERLANDS (referred to as Dutch Study)
- TURKEY (referred to as Turkish Study)
- UNITED KINGDOM (referred to as Oxford Study)
- UNITED STATES (referred to as Yale Bereavement Study)

### STATISTICAL TESTS PERFORMED TO EXAMINE DSM-5-TR DIAGNOSTIC CRITERIA FOR PROLONGED GRIEF DISORDER (PGD)

- DIMENSIONALITY
- RELIABILITY
- PREVALENCE
- VALIDITY

### Taiwan Dataset (PI: Professor Siew Tzuh Tang)

- Family caregivers of terminally ill cancer patients
- Recruited by convenience from December 2006 through December 2012
- Followed through July 2016
- Average age (years): 48.6 ± 12.4 at post-13 mo assessment
- Female vs male: 216 vs 122 at post-13 mo assessment
- Longitudinal data includes assessments at 13,18, and 24 months post-loss

## Taiwan Dataset (PI: Professor Siew Tzuh Tang)

Sample sizes at each wave of assessment:

- 338 patients at post 13 mo
- 275 patients at post 18 mo
- 260 patients at post 24 mo

Longitudinally: 238 patients were assessed all 3 waves

Measures available: demographic characteristics, PGD, CESD, MOS-Short Form (SF36)

# Taiwan Data Administered the PG-13

PG13-1	In the past month, how often have you felt yourself longing or yearning for the person you lost?
PG13-2	In the past month, how often have you had intense feelings of emotional pain, sorrow, or pangs of grief related to the lost relationship?
PG13-3	For questions 1 or 2 above, have you experienced either of these symptoms at least daily and after 6 months have elapsed since the loss?
PG13-4	In the past month, how often have you tried to avoid reminders that the person you lost is gone?
PG13-5	In the past month, how often have you felt stunned, shocked, or dazed by your loss?
PG13-6	Do you feel confused about your role in life or feel like you don't know who you are (i.e., feeling that a part of yourself has died)?
PG13-7	Have you had trouble accepting the loss?
PG13-8	Has it been hard for you to trust others since your loss?
PG13-9	Do you feel bitter over your loss?
PG13-10	Do you feel that moving on (e.g., making new friends, pursuing new interests) would be difficult for you now?
PG13-11	Do you feel emotionally numb since your loss?
PG13-12	Do you feel that life is unfulfilling, empty, or meaningless since your loss?
PG13-13	Have you experienced a significant reduction in social, occupational, or other important areas of functioning (e.g., domestic responsibilities)?

#### Indicator:

- PG3,PG13:0|1
- Else: 1-3=0 | 4-5=1

#### PGD:

- (PG1|PG2)
- •<u>& PG3</u>
- & (sum(PG4-12)>=5)
- & PG13

# Taiwan Data to Assess DSM Criteria for PGD

PG13-1	In the past month, how often have you felt yourself longing or yearning for the person you lost?
PG13-2	In the past month, how often have you had intense feelings of emotional pain, sorrow, or pangs of grief related to the lost relationship?
PG13-3	For questions 1 or 2 above, have you experienced either of these symptoms at least daily and after 6 months have elapsed since the loss?
PG13-4	In the past month, how often have you tried to avoid reminders that the person you lost is gone?
PG13-5	In the past month, how often have you felt stunned, shocked, or dazed by your loss?
PG13-6	Do you feel confused about your role in life or feel like you don't know who you are (i.e., feeling that a part of yourself has died)?
PG13-7	Have you had trouble accepting the loss?
PG13-8	Has it been hard for you to trust others since your loss?
PG13-9	Do you feel bitter over your loss?
PG13-10	Do you feel that moving on (e.g., making new friends, pursuing new interests) would be difficult for you now?
PG13-11	Do you feel emotionally numb since your loss?
PG13-12	Do you feel that life is unfulfilling, empty, or meaningless since your loss?
PG13-13	Have you experienced a significant reduction in social, occupational, or other important areas of functioning (e.g., domestic responsibilities)?

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#### Indicator:

- PG13:0|1
- CESD14: 0-1=0 | 2-3=1
- Else: 1-3=0 | 4-5=1

#### DSM:

- PG1
- & (sum(PG2,PG4,PG6-7,PG10-12,CESD14)>=x)
- & PG13

#### CESD14 I felt lonely.

## Taiwan Data Dimensionality of Proposed PGD Items

Results suggest the criteria form a single factor/dimension

Post 13 mo; 8 symptoms + Yearning

Same results hold for post 18 24 wt/wo Yearning

#### Non Graphical Solutions to Scree Test



### Taiwan Data Reliability (Internal Consistency) of Proposed PGD Items

Reliability/internal consistency of items in proposed criteria is quite high ~.92 and would only decline if items were removed suggesting all items should be retained

### Cronbach's alpha for symptoms @ 13 mo

lower alpha upper 95% confidence boundaries 0.91 0.92 0.93

Relia	bility if a	an item is	dropped	:				
	raw_alpha	std.alpha	G6(smc)	average_r	S/N	alpha se	var.r	med.r
PG1	0.92	0.92	0.92	0.59	11.4	0.0067	0.0079	0.58
PG2	0.91	0.91	0.91	0.57	10.4	0.0073	0.0101	0.55
PG4	0.92	0.92	0.92	0.59	11.4	0.0067	0.0080	0.58
PG6	0.91	0.91	0.91	0.56	10.3	0.0073	0.0073	0.56
PG7	0.91	0.91	0.92	0.57	10.7	0.0071	0.0098	0.55
PG10	0.91	0.91	0.91	0.56	10.3	0.0074	0.0078	0.55
PG11	0.91	0.91	0.91	0.55	10.0	0.0075	0.0059	0.55
PG12	0.90	0.91	0.91	0.55	9.7	0.0079	0.0068	0.55
CESD14	0.91	0.91	0.92	0.57	10.7	0.0071	0.0092	0.58

### Taiwan Data Reliability (Internal Consistency) of Proposed PGD Items

Reliability/internal consistency of items in proposed criteria is quite high ~.92 and would only decline if items were removed suggesting all items should be retained

### Cronbach's alpha for symptoms @ 18 mo

lower al 0.9 0.92	pha upper 0.93	95%	confiden	ce boundar	ries			
	ity if an		••					
ra	w_alpha st	d.alpha	G6(smc)	average_r	S/N	alpha se	var.r	med.r
PG1	0.91	0.91	0.91	0.57	10.7	0.0075	0.0087	0.57
PG2	0.90	0.90	0.91	0.54	9.5	0.0086	0.0107	0.55
PG4	0.91	0.91	0.91	0.56	10.1	0.0081	0.0112	0.56
PG6	0.91	0.91	0.91	0.56	10.1	0.0081	0.0097	0.56
PG7	0.90	0.91	0.91	0.54	9.6	0.0086	0.0107	0.54
PG10	0.91	0.91	0.91	0.55	9.8	0.0083	0.0097	0.56
PG11	0.90	0.91	0.90	0.54	9.5	0.0085	0.0080	0.55
PG12	0.90	0.90	0.90	0.53	9.1	0.0091	0.0085	0.54
CESD14	0.91	0.92	0.92	0.58	11.0	0.0077	0.0091	0.58

### Taiwan Data Reliability (Internal Consistency) of Proposed PGD Items

Reliability/internal consistency of items in proposed criteria is quite high ~.93 and would only decline if items were removed suggesting all items should be retained

### Cronbach's alpha for symptoms @ 24 mo

lower alpha upper 95% confidence boundaries
0.91 0.93 0.94

Reliability if an item is dropped:

		-		•••					
	raw_	_alpha	std.alpha	G6(smc)	average_r	S/N	alpha se	var.r	med.r
PG1		0.92	0.92	0.93	0.60	12	0.0071	0.0115	0.61
PG2		0.92	0.92	0.92	0.59	11	0.0077	0.0117	0.57
PG4		0.92	0.92	0.93	0.60	12	0.0074	0.0115	0.60
PG6		0.92	0.92	0.92	0.58	11	0.0077	0.0095	0.58
PG7		0.92	0.92	0.93	0.59	11	0.0078	0.0122	0.55
PG10		0.92	0.92	0.92	0.59	11	0.0076	0.0092	0.59
PG11		0.91	0.91	0.92	0.57	11	0.0079	0.0073	0.58
PG12		0.91	0.92	0.92	0.58	11	0.0080	0.0102	0.56
CESD14		0.93	0.93	0.93	0.62	13	0.0070	0.0085	0.61

## Taiwan PGD Prevalence by #/8 "Criterion C" Items Required

With 3 of 8 required, prevalence is 8.3% at 13 months; 5.1% at 18 months postloss

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[P1 & Sum(Sympt) >=**X** ~ symptoms only ~]

	[1] 338									
Post 13 Mo		DSM0	DSM1	DSM2	DSM3	DSM4	DSM5	DSM6	DSM7	DSM8
	х	0	1	2	3	4	5	6	7	8
DSM patients / non-patients	n_pat	85/253	53/285	36/302	28/310	23/315	13/325	7/331	3/335	2/336
Prevalence by <b>X</b>	prevalence	25.1 %	15.7 %	10.7 %	8.3 %	6.8 %	3.8 %	2.1 %	0.9 %	0.6 %
# patients in accordance with PGD Rate of consistency with PGD	con_case	264	296	313	321	326	332	332	330	329
	con_rate	78.1 %	87.6 %	92.6 %	95 %	96.4 %	98.2 %	98.2 %	97.6 %	97.3 %
Nate of consistency with CD										
	[1] 275									
Post 18 Mo		DSM0	DSM1	DSM2	DSM3	B DSM4	DSM5	DSM6	DSM7	DSM8
DSM patients / non-patients	х	0	1	. 2		3 4	ł 5	6	7	8
Drevalence by $\mathbf{Y}$	n_pat	49/226	30/245	20/255	14/26	1 7/268	8 5/270	5/270	3/272	1/274

DSM patients / non-patients	Х	0	T	2	5	4	2	6	(	ŏ
· · ·	n_pat	49/226	30/245	20/255	14/261	7/268	5/270	5/270	3/272	1/274
Prevalence by <b>X</b>	prevalence	17.8 %	10.9 %	7.3 %	5.1 %	2.5 %	1.8 %	1.8 %	1.1 %	0.4 %
<pre># patients in accordance with PGD</pre>	con_case								273	
Rate of consistency with PGD	con_rate									98.5 %

•	Rate of consistency with PGD
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### TAIWAN PGD PREVALENCE BY #/8 "CRITERION C" ITEMS REQUIRED

With 3 of 8 required, prevalence is 4.2% at 24 months;
 11.3% for anytime after 12 months post-loss

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## [P1 & Sum(Sympt) >=X ~ symptoms only ~]

Post 24 IVIO	[1] 260										
<ul> <li>DSM patients by X</li> <li>Prevalence by X</li> <li># observations in accordance with PGD</li> <li>Rate of consistency with PGD</li> </ul>	x n_pat prevalence con_case con_rate	13.5 % 229	241	2 20/240 7.7 % 244	3 11/249 4.2 % 253	6/254 2.3 % 258	4 5/255 4 5/255 6 1.9 9 8 259	5 6 5 3/257 6 1.2 % 9 259	7 2/258 0.8 % 258	8 1/259 0.4 %	
Historical after 12 Mo			-			-					
<ul> <li>DSM observations by X</li> <li>DSM patients by X</li> <li>Historical prevalence by X</li> <li># observations in accordance with PGD</li> </ul>	x n_obs n_pat his_pre 3	DSM0 0 169 110 1.8 % 2:	DSM1 1 106 75 1.7 % 1	DSM2 2 76 55 5.9 % 1	DSM3 3 53 39 1.3 %	DSM4 4 36 27 7.8 %	DSM5 5 23 17 4.9 %	DSM6 6 15 11 3.2 % 866	DSM7 7 8 7 2 % 861	DSM8 8 4 4 1.2 %	

## Taiwan PGD Prevalence by #/8 "Criterion C" Items Required

With 3 of 8 required, and yearning and impairment required, prevalence is 7.1% at 13 months; 3.6% at 18 months post-loss

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P1 & Sum(Sympt) >=X & PG13 ~ Symptoms and Impairment ~

Post 13 Mo	[1] 338									
DSM patients / non-patients Prevalence by X # patients in accordance with PGD Rate of consistency with PGD	x n_pat prevalence con_case con_rate	317	8.9 % 319	8 % 322	7.1 %	4 21/317 6.2 % 328	3.8 % 332	5 7/33 5 2.1 2 33	6 31 3/33 % 0.9 32 33	7 8 5 2/336 % 0.6 %
Post 18 Mo	[1] 275									
<ul> <li>DSM patients / non-patients</li> <li>Prevalence by X</li> <li># patients in accordance with PGD</li> <li>Rate of consistency with PGD</li> </ul>	x n_pat prevalence con_case con_rate	5.8 % 264	5.5 % 265	DSM2 2 13/262 4.7 % 267 97.1 %	DSM3 3 10/265 3.6 % 270 98.2 %	2.5 % 273	DSM5 5/270 1.8 % 275 100 %	1.8 % 275	DSM7 7 3/272 1.1 % 273 99.3 %	DSM8 8 1/274 0.4 % 271 98.5 %

## Taiwan PGD Prevalence by #/8 "Criterion C" Items Required

With 3 of 8 required, and impairment required, prevalence is 3.1% at 24 months; 9.2% after 12 months post-loss P1 & Sum(Sympt) >=X & PG13 ~ Symptoms and Impairment ~

Post 24 Mo

- DSM patients by X
- Prevalence by X
- # observations in accordance with PGD
- Rate of consistency with PGD

Historical after 12 Mo

- DSM observations by X
- DSM patients by X
- Historical prevalence by X
- # observations in accordance with PGD
- Rate of consistency with PGD

[1] 260									
	DSM0	DSM1	DSM2	DSM3	DSM4	DSM5	DSM6	DSM7	DSM8
x	0	1	2	3	4	5	6	7	8
n_pat	16/244	10/250	10/250	8/252	6/254	5/255	3/257	2/258	1/259
prevalence	6.2 %	3.8 %	3.8 %	3.1 %	2.3 %	1.9 %	1.2 %	0.8 %	0.4 %
con_case	248	254	254	256	258	259	259	258	257
con_rate	95.4 %	97.7 %	97.7 %	98.5 %	99.2 %	99.6 %	99.6 %	99.2 %	98.8 %

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	DSM0	DSM1	DSM2	DSM3	DSM4	DSM5	DSM6	DSM7	DSM8	
х	0	1	2	3	4	5	6	7	8	
n_obs	64	55	50	42	34	23	15	8	4	
n_pat	46	42	37	32	26	17	11	7	4	
his_pre	13.3 %	12.1 %	10.7 %	9.2 %	7.5 %	4.9 %	3.2 %	2 %	1.2 %	
con_case	829	838	843	851	859	866	866	861	857	
con_rate	95 %	96 %	96.6 %	97.5 %	98.4 %	99.2 %	99.2 %	98.6 %	98.2 %	
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## Taiwan Data Reliability - Test-retest Intra-Class Correlations

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 Test-retest reliability (ICC) is comparable to that of the PGD (PLoS Medicine 2009) for 3 required Criterion C items at 0.56



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Post 13 mo w/t SF36 at 13 months post-loss ~ Sum of symptoms out of 8 ~



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#### Post 13 mo w/t post 18 mo SF36

~ Sum of symptoms out of 8 ~

SFgenhel SFvital SFsocfun SFrolemo SFmenhel



	х	DSM diagnosis	Non-DSM
	0	25	245
	1	24	246
	2	22	248
	3	20	250
	4	17	253
	5	10	260
SF36 subdomain	6	5	265
SFphyfun	7	1	269
SFroleph	8	1	269
- SFbodypn			

 Results suggest DSM PGD criteria are differentially and most associated with impaired role and social functioning and less with physical functioning and bodily pain; and associations decrease > 3

Post 13 mo w/t post 13 mo SF36 ~ Diagnosis ~



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#### Post 13 mo w/t post 18 mo SF36 ~ Sum of symptoms out of 8 ~

SF36 subdomain SFphyfun SFroleph SFbodypn SFgenhel SFvital SFsocfun SFrolemo SFrolemo

х	DSM diagnosis	Non-DSM
0	25	245
1	24	246
2	22	248
3	20	250
4	17	253
5	10	260
6	5	265
7	1	269
8	1	269

Results suggest DSM PGD
 criteria are differentially and
 most associated with
 impaired role and social
 functioning and less with
 physical functioning and
 bodily pain; and
 associations decrease > 4

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Post 13 mo w/t post 18 mo SF36, controlling post 13 mo outcome

~ Sum of symptoms out of 8 ~

	x	DSM	Non-DSM	
	~	diagnosis		
	0	25	245	
	1	24	246	
	2	22	248	
	3	20	250	
	4	17	253	
	5	10	260	
SF36 subdomain	6	5	265	
	7	1	269	
	8	1	269	
-a- SFbodypn	Nur	nber in		
-a- SFgenhel				
-a- SFvital	box	es: p-valu	le	
-a SFsocfun	-	•		
SFrolemo	101	partial		
-a- SFmenhel	spe	arman		
	corr	relation to	est	

Results suggest 3 of 8 most associated with impaired role and social functioning and less with general health and bodily pain at 18 m, controlling for 13 m

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Post 13 mo w/t post 18 mo SF36, controlli post 13 mo outcome

~ Diagnosis ~



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	х	DSM diagnosis	Non-DSM
	0	25	245
	1	24	246
	2	22	248
	3	20	250
	4	17	253
	5	10	260
	6	5	265
SF36 subdomain	7	1	269
SFphyfun	8	1	269
SFroleph			
-a- SFbodypn	Num	iber in	
-a- SFgenhel	boxe	es: p-valu	е
-a- SFvital	-	artial	
-a SFsocfun	•		
SFrolemo	spea	irman	
-a- SFmenhel	corre	elation te	est

Results suggest 4/5 of 8, with  $\geq$ yearning & impairment most associated with impaired role and social functioning and less with general health and bodily pain at 18 m, controlling for 13 m 22

# **Conclusions from Taiwan Data**

Results suggest the PGD DSM-5-TR criteria form a single, unidimensional factor/dimension (eigenvalue of 1<sup>st</sup> factor >5, others 1) DIMENSIONALITY or less) RELIABILITY The symptoms are reliable in that they have high internal consistency (Cronbach's alpha ~.92) and test-retest reliability (ICC=.56) With 3 of 8 required, and yearning and impairment required, prevalence is 7.1% at 13 months PREVALENCE With 3 of 8 required, and yearning and impairment required, prevalence is 9.2% after 12 months post-loss VALIDITY Results suggest 3 of 8 most associated with impaired role and social functioning and less with **general health** and **bodily pain** at 18 m, controlling for 13 m

# Dutch Dataset (PI: Professor Paul Boelen)

- Community sample with participants recruited via professional and lay mental health services that distributed questionnaires to bereaved individuals they encountered
- Longitudinal data with baseline assessed at 12-120 months postloss and 1-year follow-up
- T1: 512 participants who were at least 18 years of age and bereaved more than 5 months but less than 10 years prior
- T2: One year follow-up. Of the 512 participants, 280 (54.7%) remained
- Mean age, SD (years): 53.2 ± 14.0
- Female vs male: 270 vs 79

# Dutch Dataset (PI: Professor Paul Boelen)

- Cross-sectional samples:
  - 349 patients at T1 >= 12 mo
  - 262 patients at T2 a year later
- Longitudinal sample:
  - 167 patients at both times
  - Measures available: Demographics, BDI, PTSD

#### Dutch PG13Left: Based on PG13 Right: ICG-R Based on Dutch dataset Left: Based on PG13 item order 1 The death of \_\_\_\_\_ feels overwhelming or devastating. (T2) 2 I think about so much that it can be hard for me to do the things I normally do. 3 Memories of upset me. (T2) 4 =>P7 I feel I have trouble accepting the death. (T2) 5 = P1 | feel myself longing and yearning for . (T2) PG13-1 In the past month, how often have you felt yourself longing or yearning for the person you lost? 6 I feel drawn to places and things associated with \_\_\_\_. (T2) 7 =>OR P9 I canit help feeling angry about (s death. (T2) 8 =>OR P7 I feel disbelief over (s death. (T2)) In the past month, how often have you had intense feelings of emotional pain, sorrow, or pangs of grief PG13-2 9 =>P5 I feel stunned, dazed or shocked over (is death. (T2) related to the lost relationship? 10 =>P8 Ever since \_\_\_\_ died it is hard for me to trust people. (T2) 11 Ever since \_\_\_\_\_ died I feel I have lost the ability to care about other people or I feel For questions 1 or 2 above, have you experienced either of these symptoms at least daily and after 6 PG13-3 distant from people I care about. (T2) months have elapsed since the loss? 12 I have pain in the same area of my body, some of the same symptoms, or have assumed some of the behaviors or characteristics of . (T2) 13 =>P4 I go out of my way to avoid reminders that \_\_\_\_ is gone. (T2) PG13-4 In the past month, how often have you tried to avoid reminders that the person you lost is gone? 14 =>P12 | feel that life is empty or meaningless without \_\_\_\_. (T2) 15 I hear the voice of speak to me. (T2) PG13-5 In the past month, how often have you felt stunned, shocked, or dazed by your loss? 16 I see stand before me. (T2) 17 =>P11 | feel like | have become numb since the death of . (T2) Do you feel confused about your role in life or feel like you don't know who you are (i.e., feeling that a part 18 I feel that it is unfair that I should live when died. (T2) PG13-6 of yourself has died)? 19 =>P9 I am bitter over (is death. (T2) 20 I feel envious of others who have not lost someone close. (T2) Have you had trouble accepting the loss? PG13-7 21 =>OR P12 I feel like the future holds no meaning or purpose without . (T2) 22 =>CESD14 | feel lonely ever since died. (T2) Has it been hard for you to trust others since your loss? PG13-8 23 I feel unable to imagine life being fulfilling without . (T2) Do you feel bitter over your loss? 24 =>P6 I feel that a part of myself died along with the deceased. (T2) PG13-9 25 I feel that the death has changed my view of the world. (T2) Do you feel that moving on (e.g., making new friends, pursuing new interests) would be difficult for you 26 I have lost my sense of security, safety, or control since the death of . (T2) PG13-10 now? 27 I have felt on edge, jumpy, or easily startled since the death. (T2) 28 =>P13 I believe that my grief has resulted in significant impairment in my social, PG13-11 Do you feel emotionally numb since your loss? occupational or other areas of functioning. (T2) 29 Since the death of \_\_\_\_, my sleep has been bad. (T2) PG13-12 Do you feel that life is unfulfilling, empty, or meaningless since your loss? 30 =>P10 I experience difficulties moving on with life (e.g., making new friend, pursuing interests). (T2) Have you experienced a significant reduction in social, occupational, or other important areas of 31 =>P2 I experience intense emotional pain, sadness, or pangs of grief. (T2) PG13-13 functioning (e.g., domestic responsibilities)? 32 => OR P4 I avoided places or objects reminding me that [...] is dead. (T2)

## Dutch PG-13

PG13-1	In the past month, how often have you felt yourself longing or yearning for the person you lost?
PG13-2	In the past month, how often have you had intense feelings of emotional pain, sorrow, or pangs of grief related to the lost relationship?
PG13-3	For questions 1 or 2 above, have you experienced either of these symptoms at least daily and after 6 months have elapsed since the loss?
PG13-4	In the past month, how often have you tried to avoid reminders that the person you lost is gone?
PG13-5	In the past month, how often have you felt stunned, shocked, or dazed by your loss?
PG13-6	Do you feel confused about your role in life or feel like you don't know who you are (i.e., feeling that a part of yourself has died)?
PG13-7	Have you had trouble accepting the loss?
PG13-8	Has it been hard for you to trust others since your loss?
PG13-9	Do you feel bitter over your loss?
PG13-10	Do you feel that moving on (e.g., making new friends, pursuing new interests) would be difficult for you now?
	Do you feel that moving on (e.g., making new friends, pursuing new interests) would be difficult for you now? Do you feel emotionally numb since your loss?
PG13-11	

#### Indicator:

• PG1-2,3-13: 1-3=0 | 4-5=1

#### PGD:

- (PG1|PG2)
- •<u>& PG3</u>
- & (sum(PG4-12)>=5)
- & PG13

PG: Based on PG13 item order PGD: Based on NE dataset

# Dutch DSM-5-TR PGD Items

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PG13-1	In the past month, how often have you felt yourself longing or yearning for the person you lost?
PG13-2	In the past month, how often have you had intense feelings of emotional pain, sorrow, or pangs of grief related to the lost relationship?
PG13-3	For questions 1 or 2 above, have you experienced either of these symptoms at least daily and after 6 months have elapsed since the loss?
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PG13-11	Do you feel emotionally numb since your loss?
PG13-12	Do you feel that life is unfulfilling, empty, or meaningless since your loss?
PG13-13	Have you experienced a significant reduction in social, occupational, or other important areas of functioning (e.g., domestic responsibilities)?

Indicator:

- CESD14: 1-3=0 | 4-5=1
- Else: 1-3=0 | 4-5=1

#### DSM:

- PG1
- & (sum(PG2, PG4, PG6-7, PG10-12, CESD14)>=x)
- & PG13

PG: Based on PG13 item order PGD: Based on Dutch dataset

CESD14 I feel lonely ever since \_\_\_\_\_ died. (T2)



Samples by months since loss at T1:

- 12-24:164
- 12-50:274
- 12-120: 351



**Dutch Time Since Death** 

## Dimensionality: Dutch Data

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#### Non Graphical Solutions to Scree Test O(OC) Eigenvalues (>mean = 2) Ο 3.5 $\triangle$ Parallel Analysis (n = 1) Optimal Coordinates (n = 1)3.0 Acceleration Factor (n = 1)2.5 2.0 1.5 1.0 0.5 2 4 6 8

T1; w/ Yearning

Same results for T1/T2 wt/wo Yearning

Results suggest the criteria form a single factor/dimension

## Reliability: Internal Consistency using Dutch Data

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Results high Cronbach's alpha of .89-.90 and slight improvement with deletion of avoidance item (and impairment item)

			Sin	gle map				Or ma	ар			
						raw_alpha std.a 0.9	Lpha G6(sm 0.9 0.			ase mean s 0079 2.8 0.87	sd median_r 7 0.55	
lower alpha upper	95% confid	ence boundar	ies			lower alpha uppe	r 95%	confidenc	e boundar	ies		
0.87 0.89 0.9						0.88 0.9 0.91						
Reliability if an i	tem is droppe	d:				Reliability if a	n item is	dropped:				
raw_a	lpha std.alph	a G6(smc) av	/erage_r S/N (	alpha se var.r	med.r	ra	w_alpha st	d.alpha G	i6(smc) av	erage_r S/N a	alpha se var.r	med.r
ICGR_T1_item5	0.87 0.8	7 0.87	0.45 6.6	0.0095 0.0365	0.52	ICGR_T1_item5	0.89	0.89	0.89	0.50 7.9	0.0089 0.019	0.55
ICGR_T1_item31	0.87 0.8	6 0.87	0.44 6.2	0.0099 0.0386	0.50	ICGR_T1_item31	0.88	0.88	0.89	0.48 7.5	0.0092 0.021	0.52
ICGR_T1_item13	0.90 0.9	1 0.90	0.55 9.6	0.0077 0.0059	0.56	T1P4o	0.91	0.91	0.91	0.56 10.3	0.0073 0.005	0.57
ICGR_T1_item24	0.87 0.8	6 0.87	0.44 6.4	0.0098 0.0355	0.51	ICGR_T1_item24	0.88	0.88	0.89	0.49 7.7	0.0092 0.020	0.53
ICGR_T1_item4	0.88 0.8	7 0.88	0.46 6.9	0.0089 0.0436	0.56	T1P7o	0.89	0.89	0.89	0.50 8.1	0.0086 0.023	0.56
ICGR_T1_item30	0.87 0.8	7 0.87	0.45 6.4	0.0097 0.0395	0.52	ICGR_T1_item30	0.89	0.89	0.89	0.50 7.9	0.0090 0.022	0.55
ICGR_T1_item17	0.87 0.8	6 0.87	0.44 6.3	0.0098 0.0392	0.51	ICGR_T1_item17	0.88	0.88	0.89	0.49 7.6	0.0092 0.022	
ICGR_T1_item14	0.86 0.8	6 0.86	0.43 5.9	0.0106 0.0330	0.51	T1P12o	0.88	0.88	0.88	0.48 7.3	0.0097 0.017	
ICGR_T1_item22	0.87 0.8	6 0.87	0.44 6.4	0.0098 0.0369	0.52	ICGR_T1_item22	0.88	0.89	0.89	0.49 7.7	0.0091 0.021	

# Dutch Data Reliability - Test-retest Intra-Class Correlations



### Dutch PGD Prevalence by #/8 "Criterion C" Items Required

con\_rate

With 3 of 8 required, and yearning and impairment required, prevalence is 13.5% at 12-120 months; 6.9% at 1year follow-up

T1: post 12-120 mo

- DSM patients / non-patients
- Prevalence by X

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- # patients in accordance with PGD
- Rate of consistency with PGD

T2: 1 year later (longitudinal)

T2: 1 year later(cross-sectional)

[1] 349									
	DSM0	DSM1	DSM2	DSM3	DSM4	DSM5	DSM6	DSM7	DSM8
х	0	1	2	3	4	5	6	7	8
n_pat	51/298	51/298	50/299	47/302	46/303	33/316	27/322	16/333	5/344
prevalence	14.6 %	14.6 %	14.3 %	13.5 %	13.2 %	9.5 %	7.7 %	4.6 %	1.4 9
con_case	326	326	327	330	331	336	338	331	320
con_rate	93.4 %	93.4 %	93.7 %	94.6 %	94.8 %	96.3 %	96.8 %	94.8 %	91.7 9
[1] 167									
	DSM0	DSM1	DSM2	DSM3	DSM4	DSM5	DSM6	DSM7	DSM8
x	0	1	2	3	4	5	6	7	8
n_pat	10/157	10/157	9/158	9/158	5/162	4/163	3/164	2/165	1/166
prevalence	6 %	6 %	5.4 %	5.4 %	3 %	2.4 %	1.8 %	1.2 %	0.6 %
con_case	158	158	159	159	163	164	165	164	163
con_rate	94.6 %	94.6 %	95.2 %	95.2 %	97.6 %	98.2 %	98.8 % 9	98.2 % 9	97.6 %
> nrow(dfd	lsm3):df	rate3							
[1] 262									
	DSM0	) DSM1	L DSM2	2 DSM3	DSM4	DSM5	DSM6	DSM7	' DSM
x	6	) 1	L 2	2 3	6 4	- 5	6	57	,
n_pat	21/241	. 21/241	L 19/243	3 18/244	14/248	12/250	10/252	5/257	2/26
prevalence	e 8%	689	67.39	6.9 %	5.3%	6 4.6 %	3.8 %	5 1.9 %	0.8
con_case	251	. 251	L 253	3 254	258	258	258	253	25

95.8 % 95.8 % 96.6 % 96.9 % 98.5 % 98.5 % 98.5 % 96.6 % 95.4 %

P1 & Sum(Sympt) >=X & P13

#### 

## Prevalence: Dutch Data

DSM DIAG: P1 & Sum(Sympt) >=X & P13 PGD: dashline



# External Validity: Dutch Data

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T1 cross-sectional/predictive correlation

~ Sum of symptoms out of 8 ~



Associations with symptoms of depression and posttraumatic stress are highest with 3 of 8 cross-sectionally and longitudinally except for the suicide item which peaks with 5 of 8

## **External Validity: Dutch Data**

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T1 cross-sectional/predictive correlation ~ Diagnosis ~


## **Conclusions from Dutch Data**

- **DIMENSIONALITY** Results suggest the PGD DSM-5-TR criteria form a single, **unidimensional** factor/dimension (e.g., 1 factor eigenvalue >3.5)
- **RELIABILITY** > Results suggest **reliability** (Cronbach's alpha of .89-.90, though slight improvement with deletion of avoidance item; ICC =.17 – highest --for 3 of 8)
- **PREVALENCE** With **3 of 8** required, and yearning and impairment required, prevalence is **13.5%** at 12-120 months; 6.9% at 1-year follow-up
- VALIDITY > Associations with symptoms of depression and posttraumatic stress are highest with **3 of 8** cross-sectionally and longitudinally except for the suicide item which peaks with 5 of 8
  - Associations with future symptoms of depression and posttraumatic stress appear overall highest for **3 of 8** required PGD items for Criterion C

# Investigation of the diagnosis thresholds of DSM-PGD draft in Turkish samples

Research. Assist. Emrah Keser (doctoral dissertation data from 2 large Turkish samples)

### SAMPLE 1

• N = 306

- Bereaved adults (18-65) who lost a first degree relative (mother, father, spouse, sibling) in the last 10 years (6 120 months)
- Age (years) M = 35.71, SD = 11.30
- Age Deceased (years) M = 54, SD = 17.7
- Elapsed time since loss M = 42 months

### SAMPLE 2

- N = 271
- Bereaved adults (18-65) who lost a first degree relative (mother, father, spouse, sibling) in the last 10 years (6 60 months)
- Age M (years) = 40.9, SD = 12.6
- Age Deceased M (years) = 62, SD = 17.2
- Elapsed time since loss M = 30 months

		STUDY 1		STUDY 2		Chi square
		Frequency	Percentage	Frequency	Percentage	
Gender	Female	234	76.5	182	67.2	$X^{2}(1) = 6.19, p = .01$
	Male	72	23.5	89	32.8	
Education	Primary/middle	23	7.6	31	11.4	X2 (3) = 19.54, p = .000
	High sch.	64	20.9	80	29.5	
	University	110	35.9	106	39.2	
	Post graduate	109	35.6	54	19.9	
Marital Status	Married	134	43.8	156	57.2	$X^{2}(1) = 10.59, p = .001$
	Single	172	56.2	116	42.8	
Income	Low	93	30.4	76	28	<i>X</i> <sup>2</sup> (2) = 10.53, p = .005
	Middle	136	44.4	94	34.7	
	High	77	25.2	101	37.3	
Deceased	Mother	88	28.8	79	29.2	$X^{2}(3) = 2.2, p = .53$
	Father	158	51.6	131	48.3	
	Spouse	16	5.1	11	4.1	
	Sibling	44	14.4	50	18.4	
Cause of death	Natural	250	81.7	233	86.0	$X^{2}(1) = 1.92, p = .16$
	Unnatural	56	18.3	38	14	

Items	Component matrix scores	Communalities scores	Item-total correlations
C7. Do you feel that life is unfulfilling, empty, or meaningless since your loss?	.82	.67	.82**
C1. Do you feel confused about your role in life or feel like you don't know who you are (i.e., feeling that a part of yourself has died)?	.82	.67	.82**
C5. Do you feel that moving on (e.g., making new friends, pursuing new interests) would be difficult for you now?	.76	.58	.76**
B2. In the past month, how often have you had intense feelings of emotional pain, sorrow, or pangs of grief related to the lost relationship?	.76	.58	.75**
C2. Have you had trouble accepting the loss?	.72	.51	.71**
C4. Do you feel bitter over your loss?	.70	.49	.69**
C8. Since this loss, I find myself more alone and isolated.	.74	.54	.74**
<b>B1.</b> In the past month, how often have you felt yourself longing or yearning for the person you lost?	.68	.47	.67**
C6. Do you feel emotionally numb since your loss?	.60	.36	.63**
C3. In the past month, how often have you tried to avoid reminders that the person you lost is gone?	.50	.25	.52**

Factors	Eigenvalues obtained from existing data	Eigenvalues obtained from random data
Factor 1	5.11	1.37
Factor 2	1.08	1.01
Factor 3	0.94	1.07
Factor 4	0.61	1.01

### Cronbach's Alphas

- The 8 items of the C cluster
  .87 in Sample 1 (N = 306)
  .86 in Sample 2 (N = 271).
- The 10 items (B + C Clusters)
  .89 in Sample 1 (N = 306)
  .89 in Sample 2 (N = 271).

X<sup>2</sup>/sd = 2.54, p = .000, GFI = .94, AGFI = .90, NFI = .94, IFI = .96, CFI = .96 and RMSEA = 0.07.



#### The PGD Prevalence Rates in Sample 1

	The Prevalence Rates of PGD (with PG-13 impairment item)	The prevalence rates of PGD (Without PG-13 impairment item)
Threshold 0	12	42.8
Threshold 1	12	42
Threshold 2	11.6	37.6
Threshold 3	11.6	32.8
Threshold 4	11.2	26.8
Threshold 5	10	18
Threshold 6	6.8	10.8
Threshold 7	6.8	7.2
Threshold 8	0.8	1.8

### The PGD Prevalence Rates In Sample 2

	The Prevalence Rates of PGD (with PG-13 Functionality item)	The prevalence rates of PGD (Without PG-13 functionality item)
Threshold 0	14.3	34
Threshold 1	14.3	33.5
Threshold 2	13.5	29.3
Threshold 3	13.5	26
Threshold 4	13.02	22.8
Threshold 5	10.2	14.9
Threshold 6	9.3	11.6
Threshold 7	6.9	7.4
Threshold 8	3.2	3.3

#### Correlations Between PGD Thresholds and External Validators in Sample 2

	GMRI	BDI	Impairment in function item PG-13_13
Threshold 0	09	.39**	.45**
Threshold 1	09	.40**	.46**
Threshold 2	13*	.46**	.49**
Threshold 3	19**	.53**	.54**
Threshold 4	18**	.55**	.57**
Threshold 5	19**	.50**	.57**
Threshold 6	21**	.50**	.60**
Threshold 7	18**	.42**	.57**
Threshold 8	15	.32**	.40**

# Correlations Between PGD Thresholds and External Validators in Sample 1

	STAI-S	STAI-T	GMRI	BDI	Impairment in functionality item
Threshold 0	.20**	.13*	03	.24**	.30**
Threshold 1	.22**	.15*	01	.27**	.300
Threshold 2	.32**	.25**	05	.36**	.33**
Threshold 3	.35**	.29**	12	.39**	.38**
Threshold 4	.36**	.32**	17**	.43**	.44**
Threshold 5	.35**	.35**	26**	.45**	.52**
Threshold 6	.31**	.38**	32**	.44**	.45**
Threshold 7	.30**	.35**	29**	.44**	.48**
Threshold 8	.10	.10	10	.18**	.21**





## **Conclusions from Turkish Data**

#### DIMENSIONALITY

- Results suggest the PGD DSM-5-TR criteria form a single factor/dimension; Confirmatory Factor Analysis RMSEA=.07
- ➤ Item-total correlations high (≥.63) with exception of avoidance of reminders the deceased is dead (=.52)-- lowest

**RELIABILITY** > 8 Criterion "C" items **Cronbach's α=.87/.86** samples 1 and 2; including Criterion "B" items Cronbach's α=.89/.89

#### PREVALENCE

- Sample 1: 3/8 "C" = 11.6% with impairment; 5/8 = 10% with impairment
- Sample 2: 3/8 "C"=13.5% with impairment; 5/8 10.2% with impairment

#### VALIDITY

3-5 of "C" Criteria significantly associated with state and trait anxiety, BDI, functional impairment, though 5 most closely associated

### United Kingdom Dataset: Oxford Data (PI: Kirsten Smith)

- 275 participants (age; M = 46.43 SD = 13.24, 79% women) recruited between a few weeks and 6 months after the death (M = 2.94, SD = 2.01, range = 0 to 8 months)
- Follow-up 6 months (M = 9.10, SD = 2.23, range = 6 to 16 months) and 12 months later (M = 14.95, SD = 2.08, range = 12 to 21 months)
- 30.2% had lost a partner, 8.7% a child, 5.8% a sibling, 38.2% a parent, and 17.1% another relative or close non-relative
- 10% lost a loved one via violent means
- 241-258 bereaved subjects assessed cross-sectionally; 44/150 assessed longitudinally

## Oxford PG13

#### Left: Based on PG13 item order Right: Based on UK dataset

1. How often have you felt a persistent yearning for deceased? 2. How often have you felt intense sadness or emotional pain, sorrow, or pands of grief related to the lost relationship? occupied with thoughts or memories of

ccupied with thoughts about the

ed to avoid reminders that deceased is

stunned, shocked, or dazed by your

bout your role in life or feel like you eling that a part of yourself has died)? accepting the loss?

u to trust others since your loss?

ngry over your loss?

ing on or making plans for the future uing new interests) would be difficult

ally numb or in a state of disbelief

is unfulfilling, empty, or meaningless not function without deceased?

ppy memories that involve deceased? of things that happened in ou and deceased?

be with deceased?

d from others since the death?

#### significantly interfered with your life (e.g., daily routine, job, so...-Yes, in the past month

19. Would your religion or culture describe your reactions as a normal? 55 20. On a scale of 0-100% where 100 is as distressed as you could possibly be and 0 is not distres -These experiences above distress me

### Oxford PG13

PG13-1	In the past month, how often have you felt yourself longing or yearning for the person you lost?
PG13-2	In the past month, how often have you had intense feelings of emotional pain, sorrow, or pangs of grief related to the lost relationship?
PG13-3	For questions 1 or 2 above, have you experienced either of these symptoms at least daily and after 6 months have elapsed since the loss?
PG13-4	In the past month, how often have you tried to avoid reminders that the person you lost is gone?
PG13-5	In the past month, how often have you felt stunned, shocked, or dazed by your loss?
PG13-6	Do you feel confused about your role in life or feel like you don't know who you are (i.e., feeling that a part of yourself has died)?
PG13-7	Have you had trouble accepting the loss?
PG13-8	Has it been hard for you to trust others since your loss?
PG13-9	Do you feel bitter over your loss?
	Do you feel bitter over your loss? Do you feel that moving on (e.g., making new friends, pursuing new interests) would be difficult for you now?
PG13-10	
PG13-10 PG13-11	Do you feel that moving on (e.g., making new friends, pursuing new interests) would be difficult for you now?

#### Indicator:

- PG3,PG13:0|1
- Else: 1-3=0 | 4-5=1

#### PGD:

- (PG1|PG2)
- •<u>& PG3</u>
- & (sum(PG4-12)>=5)
- & PG13

PG: Based on PG13 item order PGD: Based on UK dataset

## Oxford DSM-5-TR for PGD

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PG13-1	In the past month, how often have you felt yourself longing or yearning for the person you lost?
PG13-2	In the past month, how often have you had intense feelings of emotional pain, sorrow, or pangs of grief related to the lost relationship?
PG13-3	For questions 1 or 2 above, have you experienced either of these symptoms at least daily and after 6 months have elapsed since the loss?
PG13-4	In the past month, how often have you tried to avoid reminders that the person you lost is gone?
PG13-5	In the past month, how often have you felt stunned, shocked, or dazed by your loss?
PG13-6	Do you feel confused about your role in life or feel like you don't know who you are (i.e., feeling that a part of yourself has died)?
PG13-7	Have you had trouble accepting the loss?
PG13-8	Has it been hard for you to trust others since your loss?
PG13-9	Do you feel bitter over your loss?
PG13-10	Do you feel that moving on (e.g., making new friends, pursuing new interests) would be difficult for you now?
PG13-11	Do you feel emotionally numb since your loss?
PG13-12	Do you feel that life is unfulfilling, empty, or meaningless since your loss?
PG13-13	Have you experienced a significant reduction in social, occupational, or other important areas of functioning

(e.g., domestic responsibilities)?

#### Indicator:

- PG13:0|1
- CESD14: 0-1=0 | 2-3=1
- Else: 1-3=0 | 4-5=1

#### DSM:

- PG1
- & (sum(PG2, PG4, PG6-7, PG10-12, PGD17)>=x)
- & PG13

#### PG: Based on PG13 item order PGD: Based on UK dataset

PGD17	Do you feel alone or detached from others since the death?
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### Oxford two-way sample definition

Two-way sample definition

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•M1: First participation >= 12 months

Sample size: •Cross-sectionally 239 •Longitudinally 35

•M2: First participation >= 9 months, with median first participation 12 months

Sample size: •Cross-sectionally 243 •Longitudinally 132

### Prevalence: Oxford Data

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#### DSM DIAG: P1 & Sum(Sympt) >=X & P13 PGD: dashline

M1 M2 22.6 % 21.8 % 19.3 % 18.4 % 18.4 % 17.4 % 17.4 % 17.3 % 16.7 % 16.3 % 15.9 % 15.2 % 15.0 -14.6 % 14.4 % Time point Prevalence (%) a M1T1 13 % M1T2 a 12.1 % 11.9. M2T1 a 11.4 % 11.4 % 11.4 % 11.4 % 11.4 % M2T2 a 10.7 % 10.6 . 10.0 10 % 9.6 9.1 % 8.6 % 8.6 % 8.6 % 8.6 8.3 % 7.5 % 7.4 % 6.3 % 5.7 % 5.0 -3.8 % 2.5 % P1 & Sum(Symptoms) >=X & P13

 14.6% prevalence in Oxford Data for
 M1T1 sample
 (first participation after 12 months since death)

## Dimensionality: Oxford Data

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M1T1; 8 symptoms + Yearning Same results hold for M2T1 M2T2



### Reliability: Internal Consistency using Oxford Data

- Results high Cronbach's alpha of .92 and slight improvement with deletion of avoidance item
- Same as in Dutch Data

#### M1T1 | M2T1

#### **Reliability Statistics**

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Cronbach's Alpha	N of Items
.922	9

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.922	9

## 5. =>P4 How often have you tried to avoid reminders that deceased is gone?

#### **Item-Total Statistics**

#### **Item-Total Statistics**

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted		Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
T2PGD1	19.41	63.605	.714	.913	T2PGD1	20.23	66.029	.727	.913
T2PGD2	19.47	65.502	.715	.914	T2PGD2	20.37	67.704	.718	.914
T2PGD5	20.67	67.397	.512	.926	T2PGD5	21.60	69.704	.502	.927
T2PGD7	19.82	59.759	.768	.910	T2PGD7	20.76	62.193	.784	.909
T2PGD8	19.67	63.406	.679	.916	T2PGD8	20.64	64.992	.696	.915
T2PGD11	20.39	61.869	.765	.910	T2PGD11	21.27	64.042	.776	.909
T2PGD12	20.12	62.272	.766	.910	T2PGD12	21.04	64.544	.779	.909
T2PGD13	20.37	61.016	.807	.907	T2PGD13	21.32	63.715	.785	.909
T2PGD17	19.95	61.648	.765	.910	T2PGD17	20.89	64.898	.729	.912

## Oxford Data Reliability - Test-retest Intra-Class Correlations

ICC for DSM between M2T1 and M2T2



DSM Diag with Threshold X

 Test-retest reliability (ICC) is highest with 3 of 8 Criterion C symptoms required (.71)

### External validators of PGD DSM-5-TR in Oxford Data

# PCL5: PTSD
# sum(PCL51-PCL520)

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# PHQ9: Depression
# sum(PHQ1-PHQ9)

# item PHQ9 separately

# EQ5: Quality of Life Index value crosswalk
# https://link.springer.com/article/10.1007/s10198-003-0182-5

# WASA: Work and Social Adjustment Scale # sum(WASA1-WASA5)

# cross-sectional# a subset longitudinal: post 12 vs loosen the window to 12 median first assessment

### External Validity: Oxford Data M2T1 cross-sectional



Х	cor	tempt	tempf	z
0	0.3259492	16	133	1
1	0.3259492	16	133	1
2	0.3259492	16	133	1
3	0.3523751	15	134	1
4	0.3837112	14	135	1
5	0.3474413	7	142	1
6	0.2974193	5	144	1
7	0.2513926	2	147	1

## External Validity: Oxford Data



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M2T1 vs M2T2 predictive correlation

Associations with future  $\geq$ symptoms of depression and posttraumatic stress appear overall highest for 5 of 8 required PGD items for Criterion C

### External Validity: Oxford Data M2T1 vs M2T2 predictive correlation



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- Term PCL5 PHQ PHQ9 WASA
  - Results suggest 2-6 of 8, with yearning & impairment are significantly associated with worse depression, PTSD and work and social adjustment and less with general health and bodily pain at T2, controlling for T1

## Conclusions from Oxford Data

- **DIMENSIONALITY** Results suggest the PGD DSM-5-TR criteria form a single, **unidimensional** factor/dimension
- **RELIABILITY** > Results suggest **reliability** (Cronbach's alpha of .92, though slight improvement with deletion of avoidance item; ICC = .71 – highest -- for 3 of 8)
- **PREVALENCE** With **3 of 8** required, and yearning and impairment required, prevalence is **14.8%** at 12-120 months
- VALIDITY ➤ Associations with symptoms of work and social impairment, depression and posttraumatic stress are highest with 5 of 8 cross-sectionally and longitudinally
  - Associations with future symptoms of depression and posttraumatic stress appear overall highest for 5 of 8 required PGD items for Criterion C, but are significant for 2-6 of 8

### Yale Bereavement Study Data

(PI: Prigerson; Statistical Architect: Maciejewski)

- Community-based sample of bereaved residents of Connecticut, US
- Sample analyzed included 250 bereaved subjects assessed 12-24 months post-loss; 108 subjects were included in analysis of 9-12 months post-loss predicting 12-24 months post-loss
- Assessments included PG-13, CES-D, including suicide item #9, sleep disturbance, SCID assessments of MDD, PTSD, GAD

### Dimensionality of Grief Construct (N=250)

Component	Eigenvalue	Difference	Proportion	Cumulative
1	3.148	2.022	0.315	0.315
2	1.126	0.047	0.113	0.427
3	1.079	0.096	0.108	0.535
4	0.984	0.190	0.098	0.634
5	0.793	0.033	0.079	0.713
6	0.761	0.160	0.076	0.789
7	0.600	0.052	0.060	0.849
8	0.549	0.049	0.055	0.904
9	0.500	0.040	0.050	0.954
10	0.460		0.046	1.000

### Internal Consistency of Grief Construct (N=250)

Cronbach Coefficient Alpha (all 10 "B" & "C" symptoms) =	0.749			
Symptom	n	%	Correlation with Total	Alpha if Deleted
Yearning	82	32.8%	0.477	0.721
Preoccupation	5	2.0%	0.202	0.751
Disbelief; Trouble accepting death	31	12.4%	0.527	0.711
Life empty, meaningless; Unable to imaging life fulfilling	49	19.6%	0.632	0.689
Loneliness	74	29.6%	0.487	0.718
Avoidance of reminders	7	2.8%	0.161	0.754
Numbness	11	4.4%	0.371	0.737
Part of yourself died	51	20.4%	0.509	0.712
Anger; Bitterness	33	13.2%	0.426	0.726
Difficulty moving on	17	6.8%	0.266	0.746

### Prevalence of Meeting Criteria as a Function of Number of Required "C" Symptoms (N=250)

		A, B & C teria	Meet A, B, C & D Criteria		
Number of "C" Symptoms	n	%	n	%	
0	83	33.2%	19	7.6%	
1	65	26.0%	18	7.2%	
2	43	17.2%	16	6.4%	
3	31	12.4%	11	4.4%	
4	20	8.0%	8	3.2%	
5	14	5.6%	7	2.8%	
6	4	1.6%	2	0.8%	

# Concurrent Validators of Meeting Symptom Criteria as a Function of Number of Required "C" Symptoms (N=250)



**Notes:** Correlations (on vertical axes) above 0.124 would be significant at  $\alpha = 0.05$ . Criteria applied and outcomes assessed between 12 – 24 months. Partial correlations adjusting for other DSM disorders (MDD, PTSD or GAD) as indicated in legends.

# Predictive Validators of Meeting Symptom Criteria as a Function of Number of Required "C" Symptoms (N=108)



**Notes:** Correlations (on vertical axes) above 0.189 would be significant at  $\alpha = 0.05$ . Criteria applied between 9 – 12 months. Outcomes assessed between 12 – 24 months. Partial correlations adjusting for prior assessments as indicated in legends.

## Conclusions from Yale Data

DIMENSIONALITY	Results suggest the PGD DSM-5-TR criteria form a single, unidimensional factor/dimension (eigenvalue of 1 <sup>st</sup> factor >3.5 with other factors 1 or less, and explaining 32% of variance)
RELIABILITY	The symptoms are reliable with internal consistency (Cronbach's alpha ~.75), but slight improvement with deletion of "preoccupation" and "avoidance of reminders of the deceased" items; and test-retest reliability (ICC=.56)
PREVALENCE	With 3 of 8 "C" items required and yearning ("B") required, prevalence is 12.4% at 12-24 months post-loss
	With 3 of 8 "C" items required, and yearning ("B") and impairment ("D") required, prevalence is 4.4% 12-24 months post-loss
VALIDITY	3 of 8 "C" items associated least with PTSD and MDD (divergent validity) phi=.124 (p=.05) and 3 or 4 of 8 associated most with rater diagnosis of PGD (convergent validity) (phi=.48); 3 of 8 closest association with suicidality (incremental validity)(r=.3;p<.05) and disturbed sleep (r=.22; p<.05), controlling for any DSM dx (MDD, PTSD, GAD)

3 of 8 "C" items associated declines in functioning and increases in suicidal ideation form 9-12 to 12-24 months post-loss (r=.33;p<.05; r=.28; p<.05), respectively</p>