

# Prolonged Grief Disorder (PG-13-Revised)

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**Q1.** have you lost someone significant to you?      Yes /      No

**Q2.** how many months has it been since your significant other died?      Months.

For each item below, please indicate how you currently feel?

Since the death, or as a result of the death...	Not at all	Slightly	Somewhat	Quite a bit	Overwhelmingly
<b>Q3.</b> do you feel yourself longing or yearning for the person who died?					
<b>Q4.</b> do you have trouble doing the things you normally do because you are thinking so much about the person who died?					
<b>Q5.</b> do you feel confused about your role in life or feel like you don't know who you are any more (i.e., feeling like that a part of you has died) ?					
<b>Q6.</b> do you have trouble believing that the person who died is really gone?					
<b>Q7.</b> do you avoid reminders that the person who died is really gone?					
<b>Q8.</b> do you feel emotional pain (e.g., anger, bitterness, sorrow) related to the death??					
<b>Q9.</b> do you feel that you have trouble re-engaging in life (e.g., problems engaging with friends, pursuing interests, planning for the future)?					
<b>Q10.</b> do you feel emotionally numb or detached from others?					
<b>Q11.</b> do you feel that life is meaningless without the person who died?					
<b>Q12.</b> do you feel alone or lonely without the deceased?					

**Q13.** have the symptoms above caused significant impairment in social, occupational, or other important areas of functioning?      Yes /      No

**Your summed score is**      .